

Date: 14/01/2019

To
Library In charge,
RIT, Rajaramnagar

Subject:- Submission of reading club activity report for year 2018-19, Part-I.

Dear Sir,

As per your instruction we completed the reading club activity for year 2018-19, part –I. The final presentation of all groups was held on 12/01/109, 4.00pm, Monday in departmental meeting hall.

I am sending herewith the details of report. Kindly, accept the same.

Thanking you,

Coordinator

Head

Civil Engineering Department

Encl: 1. List of group's
2. Report details
3. Reviews and Sample PPT

K E Society's
Rajarambapu Institute of Technology, Rajaramnagar
Department Of Civil Engineering
Reading Club: 2018-19
Reading Club Groups

Sr. No.	Name of the faculty	Group Name	Email id	Book Name	Name of Author & Publication
1	Dr. P S Patil, Coordinator	RC 1	civil_rc1@ritindia.edu	Change Your Thinking Change Your Life	Mr. Brian Tracy Publication: John Wiley & Sons, Inc.
2	Prof. P B Salgar				
3	Prof. A S Thorbole				
4	Prof. S S Kamble				
5	Dr. A C Attar, Coordinator	RC 2	civil_rc2@ritindia.edu	Attitude Is Everything: Change Your Attitude ... Change Your Life!	Mr. Jeff Keller Publication: Harper Collins Publishers India Ltd.
6	Prof. D B Kulkanri				
7	Prof. R K Patil				
8	Prof. A S Jamadar				
9	Dr. H S Jadhav, Coordinator	RC 3	civil_rc3@ritindia.edu	Power of Subconscious Mind	Mr. Joseph Murthy
10	Prof. Mrs. S N Patil				
11	Prof. S R Deshmukh				
12	Prof. R D Patil				
13	Dr. P D Kumbhar, Coordinator	RC 4	civil_rc4@ritindia.edu	1. Making Breakthrough Innovation Happen, 2. Life and Philosophy of Swami Vivekananda	1. Mr. Porus Munshi, Publication : Collins Business 2. Mr. G. S. Banhatti Atlantic Publishers & Dist, New Delhi.
14	Prof. Y M Patil				
15	Prof. M M Maske				
16	Prof. S K More				
17	Prof. P M Mohite, Coordinator	RC 5	civil_rc5@ritindia.edu	Powers of The Mind	Swami Vivekananda Publication : Advaita Ashrama
18	Prof. S S Kumbhar				
19	Prof. A A Idate				
20	Prof. D S Patil				

Group wise Report

Sr. No.	Name of the faculty	Group Name	Book Name	Discussion points
1	Dr. P S Patil, Coordinator	RC1	Change Your Thinking Change Your Life - Mr. Brian Tracy Publication: John Wiley & Sons, Inc.	<p><u>Review : Prof. P B Salgar</u></p> <ul style="list-style-type: none"> • I finished 7 chapters and I am going to read it over and over again until I absorb all the principles of changing thoughts • Now I'm not going to allow any negativity in my life even though problems and disappointment are very natural in human being, I will think ahead! and create solutions in any obstacles and setbacks! • I learned a lot from THIS BOOK. I am taking my first step and moving forward to my GOALS! 2019 is the great year for me. <p>"This book gives you a step-by-step system to transform your thinking about yourself and your potential, enabling you to achieve greater success in every area of your life."</p> <ul style="list-style-type: none"> • Each chapter offers inspirational stories and principles that get me thinking, with some action exercises that help me, to train myself for think and act like the successful person. • Every principle helps me to change my thinking in a positive way. • Every exercise brings about a positive change in the way of see me, the world, and my future. • These principles show individuals how to explore into their inner resources so that they can not only identify realistic goals but develop a plan on how to achieve these goals. <p>Key Lessons from “Change Your Thinking Change Your Life”</p> <ul style="list-style-type: none"> • Start Thinking Positively and Change Your Life • Think Big and Don't Back Down • Small Steps Will Take You a Long Way <p><u>2nd Review : Pramod B Salgar</u></p> <p>Some comments that I want to share with you from book are as below,</p> <p><u>Think Like a Genius</u></p> <p>Make every thought, every fact, that comes into your mind pay you a profit. Make it work and produce for you. Think of things not as they are but as they might be. Don't merely dream—but create!</p> <p><u>Think about The Future</u></p> <p>Keep your eyes open. There are more changes taking place all around you today than ever before. Any one of these changes may be indicative of a trend that could lead on to fortune and success for you. You must be open, awake, and alert to these changes. Nothing remains the same for very long. All your best</p>
2	Prof. P B Salgar			
3	Prof. A S Thorbole			
4	Prof. S S Kamble			

opportunities will come from applying your knowledge and brainpower to new products and new services in the future.

Three Qualities of Genius

- First, geniuses seem to have *open minds*. They are curious, questioning, flexible, and willing to consider a wide range of possibilities in dealing with a question or problem.
- Second, geniuses seem to approach problems and decisions systematically. They don't throw themselves at a problem like a dog chasing a passing car.
- Third, geniuses approach problems with a series of questions. Geniuses first ask, "What exactly is the problem?" and "Why is this problem in the first place?" They then ask, "What would be an ideal solution to this problem?" and "What holds us back from achieving such a solution?"

1st review : Dr; P S Patil

I want to share the points in 2nd chapter : **Change Your Life**

POSITIVE THINKING

Positive thoughts are life enhancing. They empower you and make you feel stronger and more confident. Positive thinking is not just a motivational idea. It has measurable, constructive effects on your personality, your health, your levels of energy, and your creativity. The more positive and optimistic you are, the happier you will be in every area of your life.

The **Law of Substitution** says, "Your mind can hold only one thought at a time, positive or negative. You can substitute a positive thought for a negative thought whenever you choose." You can apply this law by deliberately thinking about something positive whenever you want to cancel out a thought or feeling that makes you angry or unhappy.

The **Law of Habit** says, "Any thought or action that you repeat over and over will eventually become a new habit." When you repeatedly react and respond in a positive way, you take full control over your conscious mind. Soon it becomes automatic and easy to think and act in that manner. By using willpower and repetition, you develop new habits of thinking and acting. By applying this law, you can become a completely positive person and change your life.

Review by Prof. A S Thorbole

Respected All,

I read 05 topics from the book change your thinking change your life. Sharing herewith comments. It goes through many different principles in 12 chapters which are directed toward helping you looking differently at one's life. It encourages a person toward changing their thinking style which ultimately leads to changing your lifestyle as whole. Each chapters provides a well structured, well written points providing a push for anyone reading it to dream big with an actual plan that will put those dreams into action.

I personally found chapter 10 (Supercharge your thinking) the best, if there's one chapter only that you would read, then it's definitely chapter 10. It's about positive thinking. He encourages, as always, to set goals, but he also explains the importance of writing out

				plans and putting them in motion. Though many of the examples in the book relate to earning more money and enriching your career, you can apply it to any facet of your life. It makes you think about what's really important to you. The exercises at the end of each chapter give you the tools to really change your life.
5	Dr. A C Attar, Coordinator	RC 2	Attitude Is Everything: Change Your Attitude ... Change Your Life! - Mr. Jeff Keller Publication: Harper Collins Publishers India Ltd.	<p>Review by: Prof. A M Jamadar</p> <p>Part 1: Success Begins in the Mind: Thinking</p> <p>In this part author focuses on power of attitude and belief to shape your destiny. It is divided into five small lessons. The lesson names are carefully named in this book and one gets basic understanding about the content by reading the table of contents.</p> <p>1st lesson, “Your Attitude is Your Window to The World” he defines attitude is a mental filter through which you can experience the world.</p> <p>2nd lesson, “You’re A Human Magnet” says about Earl Nightingale’s six words to success i.e. “WE BECOME WHAT WE THINK ABOUT”.</p> <p>3rd lesson, “Picture Your Way to Success!” he mentions an interview question which is asked to singer Celine Dion whether she ever dreamed at the start of her career that someday she’d sell millions of records and be on tour, singing in front of tens of thousands of people week. The singer replied that none of this surprised her, as she pictured the whole thing since she was five years old!</p> <p>4th lesson, “Make A Commitment... And You’ll Move Mountains” he writes about the importance of commitment and suggests the meaning of commitment from book “The Ultimate Secret to Getting Absolutely Everything You Want” by Mike Hernaki. According to author Mike, the key of getting what you want is the “willingness to do whatever it takes” to accomplish our objective.</p> <p>5th lesson, “Turn Your Problems into Opportunities”. Author reports a common question to our brain i.e. “Why did this have to happen to me? What I am going to do now? My plans are ruined”. He says this feeling is natural and we have two choices one to wallow in misery or to learn a lesson from problem.</p>
6	Prof. D B Kulkanri			
7	Prof. R K Patil			
8	Prof. A S Jamadar			
9	Dr. H S Jadhav, Coordinator	RC 3	Power of Subconscious Mind - Mr. Joseph Murthy	<p>1st review : Dr H S Jadhav</p> <p>The book starts with thought-provoking questions that create interest in the reader before embarking on chapter one. Thereafter, each chapter addresses itself to the powerful role, wisdom and intelligence of the subconscious mind in human life.</p> <p>Sharing points:</p> <p>1. Controlling Your Subconscious with This Formula: Ask, Believe, Receive Stated in its most basic form, the Law of Attraction says, what you think</p>
10	Prof. Mrs. S N Patil			
11	Prof. S R Deshmukh			
12	Prof. R D Patil			

				<p>about, talk about, believe strongly about and feel intensely about, you will bring about in your life. If you have specific life or career or financial goals, for instance, why not focus your thoughts on achieving that goal and having that good come into your life. To focus more easily, I want to share a formula with you that will get The Law of Attraction working in your life. And the formula, which is discussed in The Secret, is this... Ask, Believe, Receive</p> <ol style="list-style-type: none"> The treasure house is within you. Look within for the answer to your heart's desire. The greets secret possessed by the great men of all ages, was their ability to contact and release the powers of their subconscious mind. You can do it too. Your subconscious has the answer to all of the problems. If you suggest to your subconscious prior to sleep, "I will want to get up at 6:00 a.m." it will awaken you at that exact time. Your subconscious mind s the builder of your body and can heal you. Lull yourself to sleep ever night with the idea of perfect health, and your subconscious, being your faithful servant, will obey you. Every thought is a cause, and every condition is an effect. If you want to write a book, write a wonderful play, give a better talk to your audience, convey the idea loving and feelingly to your subconscious mind and I will respond accordingly. You are like a captain navigating a ship. He or she must give the right orders, or the ship is wrecked. In the same way, you must give the right orders (thoughts and image) to your subconscious mind, which controls and governs all your experiences. Never use such expressions as " I can't afford it" or " I can't do this." Your subconscious mind takes you at your word. It sees to it that you do not have the ability to what you want to do. Affirm, " I can do all things through the power of my subconscious mind" . The law of life is the law of belief. A belief is a thought in your mind. Do not believe in things that will harm or hurt you. Believe in the power of your subconscious to heal, inspire, strengthen and prosper you. According to your belief is it done unto you. Change your thoughts, and you change your destiny.
13	Dr. P D Kumbhar, Coordinator	RC 4	<ol style="list-style-type: none"> Yashyakade Bharari - Reader: Dr. P.D.Kumbhar Making Breakthrough Innovation Happen, - Mr. Porus Munshi, Publication : Collins Business Life and Philosophy of Swami Vivekananda -Mr. G. 	<p><u>Review 1st - Dr. P.D.Kumbhar</u></p> <ul style="list-style-type: none"> This book provides valuable information on how one can be think positively, what are the various ways adopted for maintaining positive thoughts and removal of negative thoughts, how to become free from tensions etc. It includes yoga, Pranayam, meditation, involving in some activities that will keep aside the negative thoughts coming in the mind etc. The book provides various guiding principles to achieve the success. To
14	Prof. Y M Patil			
15	Prof. M M Maske			
16	Prof. S K More			

			S. Banhatti Atlantic Publishers & Dist, New Delhi.	<p>mention a few, we need to realize the internal power of mind, should possess self confidence, and our goals should be clear and confirmed.</p> <ul style="list-style-type: none"> To achieve success, three things are required namely, Inspiration, Aspiration, and Application (IAA). The book also provides secrets of success of successful personalities like JRD Tata, N. R. Narayanmurthy, Subrato Roy (Sahara Family) etc. Some of the important quotes given in the book are as below: <ol style="list-style-type: none"> Low ambition, not failure is crime (Pandit Jawaharlal Nehru). Ask and you shall get it (Bible). 'Trust is important in human, All live on trust, Leader should retain this trust'.....Yajurved
17	Prof. P M Mohite, Coordinator	RC 5	Powers of The Mind Swami Vivekananda Publication : Advaita Ashrama	<p>1st review: Prof. S S Kumbhar</p> <p>Key Lessons from "Powers of Mind"</p> <p>Lesson 1: Believe in yourself and visualize your goals to see how small your problems are: Yes, confidence is important, because if you feel inferior, you'll act inferior. We know confidence alone doesn't solve all problems. After all, it's not the same as competence, and telling a kid who's horrible at math that she's great won't make her study more for the next test.</p> <p>Lesson 2: Your attitude determines your entire life: <i>This quote really struck me. Your world is nothing more than the thoughts you have about your experiences. Of course all the problems in your life are real. And yes, some of them might take a few years to solve, like debt, or a serious illness. But how you react to those problems is entirely up to you. You might not be able to solve those problems at the push of a button, but your attitude is something you can change from one second to the next. Your world, your reality, is only determined by what you think about everything you experience in life.</i></p> <p>Lesson 3: Imagine your life free of worry to become less concerned about the future: <i>Here's a ideal example for the same: Imagine yourself as a worry-free person in the future. Just imagining that it is possible for you to live without worry will take a lot of your current worries away.</i></p> <p>Review 1st A A Idate:</p> <p>The Power of Positive mind/thinking will show you that the roots of success lie in the mind and teach you how to believe in yourself, break the habit of worrying, and take control of your life by taking control of your thoughts and changing your attitude.</p> <p>We also know that the greatest power is lodged in the fine, not in the course. For example if, We see a man take up a huge weight, we see his</p>
18	Prof. S S Kumbhar			
19	Prof. A A Idate			
20	Prof. D S Patil			

				muscles swell, and all over his body we see signs of exertion, and we think the muscles are powerful things. But it is the thin thread-like things, the nerves, which bring power to the muscles; the moment one of these threads is cut off from reaching the muscles, they are not able to work at all. These tiny nerves bring the power from something still finer and that again in its turn brings it from something finer still and so on. So, it is the fine that is really the seat of power.
--	--	--	--	--

Note:

The final presentation of all groups was held on 12th Jan. 2019, Saturday in civil engineering department. All members from groups were Shared /presented their views with red book. In above table all details of reviews are displayed. Also, during presentation, it was decided to display the tips from each book and try to implement by all faculty. This time “**Attitude techniques for Reply to anyone**” are decided to implement. These techniques were shared by Dr. A C Attar during presentation for his book under reading “Attitude is everything”

Photographs



